

REGULATION RESPECTING CERTAIN PROFESSIONAL ACTIVITIES THAT MAY BE ENGAGED IN BY AN ATHLETIC THERAPIST

Medical Act

(R.S.Q., c. M-9, s. 3)

Professional Code

(R.S.Q., c. C-26, s. 94, par. *h*)

1. The purpose of this Regulation is to determine, among the professional activities that may be engaged in by physicians, those that may be engaged in by an athletic therapist pursuant to the terms and conditions set out in the Regulation.

O.C. 345-2012, s. 1.

2. In this Regulation,

(1) “athlete” means a person who engages in a physical activity at the beginner or expert level, for competition or recreation, that involves a form of training, the observance of rules of practice, supervision, technical content or a period of practice;

(2) “athletic therapist” means a person who is certified by the Canadian Athletic Therapists Association and who

(a) holds of a Bachelor of Science, B.Sc., issued upon completion of the Bachelor of Science Specialization in Exercise Science - Athletic Therapy Option program from Concordia University; or

(b) holds a diploma issued by an educational institution situated outside Québec upon completion of a program in athletic therapy certified by the Canadian Athletic Therapists Association.

O.C. 345-2012, s. 2.

3. An athletic therapist may engage in the following professional activities with an athlete:

(1) assess the athlete's musculoskeletal function when the athlete has a limitation or disability of musculoskeletal origin and when the condition with which it is associated, if any, is in a chronic phase and a controlled state;

(2) use invasive forms of energy;

(3) provide treatment for wounds;

(4) administer prescribed topical medications for the purpose of using invasive forms of energy and when providing treatment for wounds.

An athletic therapist must engage in those professional activities for the purpose of supervising athletes in the preparation and execution of their physical activity, offer them first aid on training and competition sites, determine their treatment plan and assess and treat their limitation or disability of musculoskeletal origin in order to obtain optimal functional performance.

O.C. 345-2012, s. 3.

4. An athletic therapist may engage in the professional activities provided in subparagraphs 2 to 4 of the first paragraph of section 3 with any other person if the following conditions are met:

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(1) the person has a limitation or disability of musculoskeletal origin and the condition with which it is associated, if any, is in a chronic phase and a controlled state; and

(2) the athletic therapist has a prior assessment that was made by a physiotherapist or a medical diagnosis.

O.C. 345-2012, s. 4.

5. A person registered in a program of studies leading to the diploma referred to in subparagraph *a* of paragraph 2 of section 2 and a person who is a candidate for certification by the Canadian Athletic Therapists Association may engage in the professional activities provided for in section 3 if the following conditions are met:

(1) they engage in those activities in accordance with sections 3 and 4 and in the presence of an athletic therapist; and

(2) the practice of those activities is required to complete the program or obtain the certification.

O.C. 345-2012, s. 5.

6. This Regulation shall cease to apply on 3 May 2020.

O.C. 345-2012, s. 6; O.C. 763-2016, s. 1.

O.C. 345-2012, 2012 G.O. 2, 1138

O.C. 763-2016, 2016 G.O. 2, 3255