

Folstein's mental state test

Appendix G

Name of institution _____

A) Orientation		Maximum score	Patient's score
Ask the patient:			
1- What is	the year <input type="text"/> the month <input type="text"/> the day <input type="text"/> the day of the week <input type="text"/>	5	
	S M T W T F S ()		
	The season: Spring <input type="checkbox"/> Summer <input type="checkbox"/> Fall <input type="checkbox"/> Winter <input type="checkbox"/>		
2- Where are we	Province <input type="text"/> Country <input type="text"/> City, town, village <input type="text"/> Place (hospital, office, house, etc.) <input type="text"/> Floor <input type="text"/>	5	()
B) Registration			
3- Pronounce one of the following groups of 3 words; take 1 second for each word:			
	shirt, blue, honesty	()	} 3 ()
	or		
	shoe, brown, modesty	()	
	or		
	sweater, white, charity	()	
Then ask the patient to repeat the 3 words selected.			
Give 1 point for each correct answer on first attempt. Repeat until the patient learns all 3 words.			
Count and record number of attempts, for information purposes only.			Number of attempts: _____
C) Attention and calculating (Check either test)			
4 -	<input type="checkbox"/> Ask the patient to begin with 100 and subtract by intervals of 7: $100 - 7 = (\quad)$ $93 - 7 = (\quad)$ $86 - 7 = (\quad)$ $79 - 7 = (\quad)$ $72 - 7 = (\quad)$ 65.		} 5 ()
	OR	1 point for each correct answer.	
	<input type="checkbox"/> Ask the patient to spell the word "WORLD" backwards. (DLROW): _____ <small>(enter the letters)</small>		
D) Recall			
5 - Ask the patient to repeat the 3 words previously selected:	shirt, blue, honesty	()	} 3 ()
	or		
	shoe, brown, modesty	()	
	or		
	sweater, white, charity	()	
E) Language			
6 - Show the patient a pencil () a watch () and ask him what it is.		2	()
7 - Ask the patient to repeat the following sentence: "No ifs or buts."		1	()
8 - Ask the subject to obey a 3-stage command: "Take this paper in your right or left hand, fold it in half and give it back to me."		3	()
<small>N.B.: If the patient is right-handed, ask him to take the paper in his left hand and vice versa.</small>			
<small>Be careful not to hold out your hand; avoid non-verbal indications.</small>			

Unvalidated adaptation of the "Mini-Mental State" by Folstein, M. F., Folstein, S.E., Mc Hugh, P.R. "Mini-Mental State: A practical method for grading the cognitive state of patients for the clinician". *Journal of Psychiatric Research*, 1975, 12: 189-198, based on the work of the geriatric centre, Hôpital d'Youville, Sherbrooke, Québec.

E) Language (continued)

9- Ask the patient to read the following instruction and to do what it says:

“CLOSE YOUR EYES”

Maximum score Patient's score

1 ()

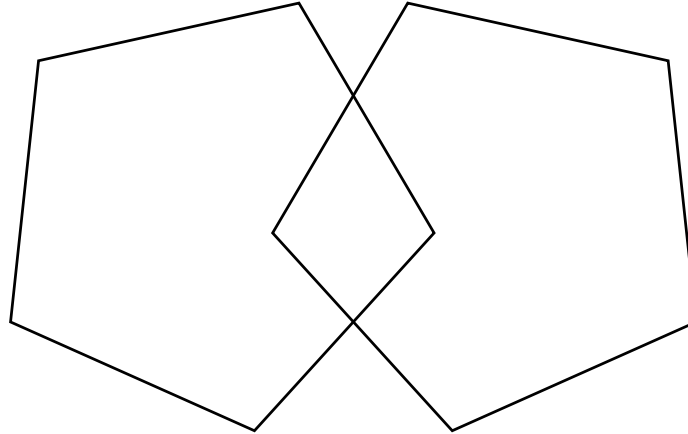
10- Ask the subject to write a sentence:

1 ()

(Subject, verb. Disregard mistake.)

F) Constructional praxis

11 - Ask the patient to copy the following drawing:



1 ()

MAXIMUM SCORE: 30 ()

PATIENT'S SCORE: _____

Interpretation of scores:

While a score of less than 24 points in Folstein's Mental State Test indicates impairment of the cognitive functions, the test is not a means of diagnosing the cause of the impairment.

Patient's number of years of schooling: _____ Estimate the patient's level of sensorium: alert somnolent

If the patient cannot be tested, specify: _____

State any conditions that may have influenced your estimation. _____

Date | | | | |
Year Month Day

Signature